

Helena Backes

senior associate

Career

Studied law with specialist foreign language training in common law at the Westfälische Wilhelms-Universität Münster. First state examination in 2018, second state examination in 2020.

Legal traineeship at the Regional Court of Aachen, including positions in the legal department of a large international publishing house, at the German Federal Foreign Office and at a major international law firm.

Joined the firm in 2021.

Practice

Press law and law of expression, freedom of information law, new media law, media constitutional law

Recognized with the Legal 500 Award as “Public Law Team of the Year 2026”.

Representation of broadcasters in proceedings under freedom of expression law; Advising and representing – both in and out of court – companies and individuals in matters relating to press law and freedom of expression law, both in the run-up to expected critical reporting or in the context of responding to media enquiries and in the event that reporting has taken place; advising and representing public authorities in connection with claims for disclosure and access to information.

Publications

Schuck, S. and Backes, H. Umgang mit negativen Rezensionen. In: Baumarktmanager 2025, issue 6, p. 18 f.



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Backes, H. (Persönlichkeits-) Recht am Bild der eigenen Sache? Zur Reichweite des Persönlichkeitsrechtsschutzes bei der Veröffentlichung von Privathausaufnahmen. In: Mensching, Christian, Stephanie Vendt und Jan Hegemann (Hrsg.). Festschrift für Gernot Lehr. Köln, O. Schmidt 2022.

Languages

German, English, French